OCTOBER 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Lasagne Steakburger Peas, Coleslaw Mashed Potatoes Cheesy Mash, Gravy Cookie & Fruit	Fish Bites Chicken Tikka Massala Salad Bar, Rice Chips , Potatoes Strawberry Mousse	GREEN DAY Irish Stew Bacon Cabbage Potatoes, Champ Gravy Green Sponge, Fruit	Roast Chicken Stuffing, Gravy Sweetcorn Mashed & Roast Potatoes Shortbread & Fruit	Sausages Tuna Wrap Baked Beans Carrots, Chips Baked Potatoes Jelly & Ice cream
Week Two 7th	Savoury Mince Steakburger Mixed Vegetables Mashed Potatoes Gravy Muffin & Fruit	Homemade Pizza Chicken Korma & Rice Baked Beans, Carrots Chips Baked Potatoes Jelly Ice cream	Fish Fingers Chicken Pasta Bake Salad Bar Chips Baby Potatoes Fruit Lolly	Roast Gammon Stuffing, Gravy Broccoli Mashed & Roast Potatoes Flakemeal & Fruit	Chicken Soup Hot Dogs Cheese Wrap Onions
Week Three 14th	Bacon Shepherds Pie Turnip Mashed Potatoes Cheesy Champ Cookie & Fruit	Fish Bites Chicken Curry & Rice Peas, Coleslaw Chips Baby Potatoes Frozen Yoghurt	Homemade Pizza Pasta Bake Sweetcorn, Gravy Mashed Potatoes Muffin & Fruit	Roast Pork Stuffing Carrots Gravy Mashed & Roast Potatoes Shortbread & Fruit	Sausages Chicken Wrap Baked Beans Coleslaw Chips Baked Potatoes Jelly & Ice cream
Week Four 21st	Spaghetti Bolognese Bacon Peas Mashed Potatoes Gravy Cookie & Fruit	Steakburger Sweet & Sour Chicken & Rice Sweetcorn, Gravy Mashed Potatoes Muffin & fruit	Fish Fingers Chicken Wrap Salad Bar Chips Baby Potatoes Strawberry Mousse	Roast Turkey Stuffing Carrots, Gravy Roast & Mashed Potatoes Swiss Roll & Fruit	Chicken Soup Hot dogs Onions Tuna Wrap
Week Five 28th					



www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional Information on allergens or Special diets please contact the school in the first instance

